



**NC USA Gymnastics State Congress at The Friday Center in Chapel Hill
Saturday, August 2, 2014**

Let's Have a Good Dialogue about USA Gymnastics in North Carolina!

Time	Atrium	Grumman Auditorium	Redbud	Wintergreen	Bellflower	Windflower
8:00-8:25	Registration		Light Breakfast Foods and Beverages will be available in the Atrium			
8:25		Welcome				
8:30-9:15		Evelyn Chandler Do Judges and Coaches See the Same Routine? (from a National Point of View)				
9:25-10:10		Paul Padron Differentiating Between Good and Great Vaults (from a National Point of View)				
10:20-11:05		Rob Travers Bar Skills that Make a Difference (from a National Point of View)	During lunch the 2014 Club of the Year and 2013-2014 Coaches of the Year Awards will be presented.			
11:15-12:00		Ludmilla Shobe Training and Conditioning for National Quality is a Daily Thing				
12:10-1:25	Lunch		A Catered Lunch will be Served in the Trillium Dining Hall			
			Redbud	Wintergreen	Bellflower	Windflower
1:30-2:15		Meeting of the Minds presenters: Cris Fuller Portia Propst Carey Santiago Sara Duggan Mary Hoagland created the videos.	Meeting of the Minds Coaches Who are Judges Discuss How They Look at Routines	Stephen Maness Progressive, Quality Bar Development	Kim Morrow & Constance Snyder The Ins and Outs of Hosting a Regional Competition	
2:25-3:10			Elaine Wulf Xcel Update for Bars and Vault	Terri Costa & Diane Thompson Floor Practice Judging	Evelyn Chandler What Do You Want to Know about Judging College	Elena Kirichenko & Darlene Rose Basics for Success
3:20-4:05			Elaine Wulf Xcel Update for Beam and Floor	Paul Padron Do you really SEE the vault?	Darlene Rose Open Forum for Coaches (hiring, pricing, etc.)	Margaret Morgan Lee Preschool Activities that will Enliven Your Program
4:15-5:00			Chris Fuller Get the Most Out of Your Xcel Floor Routine Construction	Jennie Adams Level 7/8 Beam Routines – What they scored and why.	Jason Braun & Julie King Best Use of NC's Web-based programs	Krystal Kramer So When Are You Gonna Add TOPS to Your Program?

Sign up for the W200 Course, the R102 Course or the Judging Test on Sunday, August 3rd at usagym.org