

NC USA Gymnastics State Congress at The Friday Center in Chapel Hill Saturday, August 2, 2014

Let's Have a Good Dialogue about USA Gymnastics in North Carolina!

8:25 Registration 8:30-9:15 Evelyn Chandler Do Judges and Coaches See the Same Routine? (from a National Point of View) 9:25-10:10 Paul Padron Differentiating Between Good and Great Vaults (from a National Point of View) 10:20-11:05 Rob Travers Bar Skills that Make a Difference (from a National Point of View) 11:15-12:00 Ludmilla Shobe Training and Conditioning for National Quality is a Daily Thing 12:10-1:25 Lunch Meeting of the Minds presenters: Cris Fuller Portia Propts Carey Santiago Sara Duggan Mary Hoagland created the videos. Mary Hoagland created the videos. Elaine Wulf Neel Porta & Diane Thompson Chandler What DoYou Want to Know about Judging College Success 13:20-4:05 Elaine Wulf Paul Padron Darlene Margaret Mar	Time	Atrium	Grumman Auditorium	Redbud	Wintergreen	Bellflower	Windflower	
Evelyn Chandler		Registration		•				
Do Judges and Coaches See the Same Routine? (from a National Point of View) 9:25-10:10 Paul Padron Differentiating Between Good and Great Vaults (from a National Point of View) 10:20-11:05 Rob Travers Bar Skills that Make a Difference (from a National Point of View) 11:15-12:00 12:10-1:25 Lunch Meeting of the Minds presenters: Cris Fuller Portia Propta Carey Santiago Sara Duggan Mary Hoagland created the videos. 2:25-3:10 During lunch the 2014 Club of the Year and 2013-2014 Coaches of the Year Awards will be presented. A Catered Lunch will be Served in the Trillium Dining Hall Redbud Wintergreen Bellflower Windflower Meeting of the Minds presenters: Cris Fuller Portia Propta Carey Santiago Sara Duggan Mary Hoagland created the videos. Elaine Wulf Xoed Lupdate for Bars and Vault Elaine Wulf Terri Costa & Diane Thompson Floor Practice Judging College What DoYou Want to Know about Judging College College College								
Second See the Same Routine? (from a National Point of View)	8:30-9:15							
9:25-10:10 Paul Padron Differentiating Between Good and Great Vaults (from a National Point of View) 10:20-11:05 Rob Travers Bar Skills that Make a Difference (from a National Point of View) Ludmilla Shobe Training and Conditioning for National Quality is a Daily Thing 12:10-1:25 Lunch Meeting of the Minds presenters: Cris Fuller Portia Propst Carey Santiago Sara Duggan Mary Hoagland created the videos. Mary Hoagland created the Videos. Paul Padron Differentiating Between Good and Great Vaults (from a National Point of View) During lunch the 2014 Club of the Year and 2013-2014 Coaches of the Year Awards will be presented. A Catered Lunch will be Served in the Trillium Dining Hall Redbud Wintergreen Belfflower Windflower Meeting of the Minds Presenters: Cris Fuller Portia Propst Carey Santiago Sara Duggan Mary Hoagland created the Videos. Mary Hoagland created the Videos. Progressive, Quality Bar Development Regional Competition The Ins and Outs of Hosting a Regional Competition Terri Costa & Evelyn Chandler Thompson Floor Practice Judging College Passes Basics for Success								
9:25-10:10 Paul Padron Differentiating Between Good and Great Vaults (from a National Point of View) 10:20-11:05 Rob Travers Bar Skills that Make a Difference (from a National Point of View) Ludmilla Shobe Training and Conditioning for National Quality is a Daily Thing 12:10-1:25 Lunch Meeting of the Minds presenters: Cris Fuller Portia Propst Carey Santiago Sara Duggan Mary Hoagland created the videos. Mary Hoagland created the Videos. Mary Hoagland created the Videos. Paul Padron Differentating Between Good and Great Vaults (from a National Quality and Dorson House) During lunch the 2014 Club of the Year and 2013-2014 Coaches of the Year Awards will be presented. A Catered Lunch will be Served in the Trillium Dining Hall Redbud Wintergreen Belliflower Windflower Meeting of the Minds Progressive, Garey Santiago Sara Duggan Mary Hoagland created the Videos. Meeting of the Minds Progressive, Guality Bar Development Rose Beline Wulf Xoel Update for Bars and Vault Terri Costa & Evelyn Chandler Thompson Floor Practice Judging College Basics for Success								
Paul Padron Differentiating Between Good and Great Vaults (from a National Point of View) 10:20-11:05 Rob Travers Bar Skills that Make a Difference (from a National Point of View) Ludmilla Shobe Training and Conditioning for National Quality is a Daily Thing Meeting of the Minds presenters: Cris Fuller Portia Propst Carey Santiago Sara Duggan Mary Hoagland created the videos. Paul Padron Differentiating Between Good and Great Vaults (from a National Point of View) During lunch the 2014 Club of the Year and 2013-2014 Coaches of the Year Awards will be presented. A Catered Lunch will be Served in the Trillium Dining Hall Redbud Wintergreen Bellflower Windflower Meeting of the Minds Coaches Who are Judges Discuss How Ouality Bar Development The Ins and Outs of Hosting a Regional Competition Competition Elaine Wulf Thompson Floor Practice Judging College Basics for Success								
Cood and Great Vaults (from a National Point of View)	9:25-10:10		Paul Padron					
10:20-11:05 Rob Travers Bar Skills that Make a Difference (from a National Point of View)								
New Rob Travers Bar Skills that Make a Difference (from a National Point of View)								
10:20-11:05 Rob Travers Bar Skills that Make a Difference (from a National Point of View)			•					
11:15-12:00 Ludmilla Shobe Training and Conditioning for National Quality is a Daily Thing Meeting of the Minds presenters: Cris Fuller Portia Propst Carey Santiago Sara Duggan Mary Hoagland created the videos. Mary Hoagland created the Videos. Meeting of the Minds presenters: Cris Fuller Portia Propst Carey Santiago Sara Duggan Mary Hoagland created the Videos. Elaine Wulf Xcel Update for Bars and Vault Will be presented.	10:20-11:05			2013-2014 Coaches of the Year Awards				
National Point of View) Ludmilla Shobe Training and Conditioning for National Quality is a Daily Thing Meeting of the Minds presenters: Cris Fuller Portia Propst Carey Santiago Sara Duggan Mary Hoagland created the videos. A Catered Lunch will be Served in the Trillium Dining Hall Redbud Wintergreen Bellflower Windflower Meeting of the Minds Coaches Who are Judges Discuss How They Look at Routines Elaine Wulf Xcel Update for Bars and Vault Terri Costa & Diane Thompson Floor Practice Judging Want to Know about Judging College Reserved in the Trillium Dining Hall Redbud Wintergreen Bellflower Windflower Windflower Windflower Windflower Fing Progressive, Quality Bar Development The Ins and Outs of Hosting a Regional Competition Chandler What DoYou Want to Know about Judging Rose Basics for Success								
11:15-12:00 Ludmilla Shobe Training and Conditioning for National Quality is a Daily Thing								
Training and Conditioning for National Quality is a Daily Thing 12:10-1:25	44.45.40.00							
12:10-1:25	11:15-12:00							
12:10-1:25								
12:10-1:25								
1:30-2:15 Meeting of the Minds presenters: Cris Fuller Portia Propst Carey Santiago Sara Duggan Mary Hoagland created the videos. Meeting of the Minds presenters: Cris Fuller Portia Propst Carey Santiago Sara Duggan Mary Hoagland created the Videos. Elaine Wulf Xcel Update for Bars and Vault Sars and Vault Sa								
1:30-2:15 Meeting of the Minds presenters: Cris Fuller Portia Propst Carey Santiago Sara Duggan Mary Hoagland created the videos. 2:25-3:10 Meeting of the Minds Presenters: Cris Fuller Portia Propst Carey Santiago Sara Duggan Mary Hoagland created the Videos. Elaine Wulf Xcel Update for Bars and Vault Mary Hoaglang College Redbud Wintergreen Bellflower Windflower Meeting of the Minds Maness Coaches Who are Judges Discuss How They Look at Routines Progressive, Quality Bar Development Thompson Floor Practice Judging Terri Costa & Diane Thompson Floor Practice Judging College Nindflower Windflower Kim Morrow & Constance Snyder The Ins and Outs of Hosting a Regional Competition Thompson Floor Practice Judging College Redbud Wintergreen Bellflower Windflower Windflower Floor Progressive, Quality Bar Development The Ins and Outs of Hosting a Regional Competition Competition Floor Practice Judging College Redbud Wintergreen Bellflower	12:10-1:25	Lunch						
1:30-2:15 Meeting of the Minds presenters: Cris Fuller Portia Propst Carey Santiago Sara Duggan Mary Hoagland created the videos. Meeting of the Minds Prosenters: Cris Fuller Portia Propst Carey Santiago Sara Duggan Mary Hoagland created the videos. Meeting of the Minds Maness Coaches Who are Judges Discuss How They Look at Routines Elaine Wulf Xcel Update for Bars and Vault Terri Costa & Diane Thompson Floor Practice Judging The Ins and Outs of Hosting a Regional Competition Elena Kirichenko & Darlene Rose Basics for Success				Dodhud			Windflower	
presenters: Cris Fuller Portia Propst Carey Santiago Sara Duggan Mary Hoagland created the videos. 2:25-3:10 Description				Reubuu	vviillergreen	Delillowel	vviridilowei	
Piresenters. Cris Fuller Portia Propst Carey Santiago Sara Duggan Mary Hoagland created the videos. 2:25-3:10 Minds Coaches Who are Judges Discuss How They Look at Routines Elaine Wulf Xcel Update for Bars and Vault Terri Costa & Diane Thompson Floor Practice Judging Terri Costa & Constance Snyder The Ins and Outs of Hosting a Regional Competition Elaine Wulf Xcel Update for Bars and Vault Thompson Floor Practice Judging What DoYou Want to Know about Judging College Rose Basics for Success	1:30-2:15			Meeting of the	Stephen	Kim Morrow		
Portia Propst Carey Santiago Sara Duggan Mary Hoagland created the videos. 2:25-3:10 Coaches Who are Judges Discuss How They Look at Routines Elaine Wulf Xcel Update for Bars and Vault Coaches Who are Judges Discuss How They Look at Routines Terri Costa & Diane Thompson Floor Practice Judging Competition Elena Kirichenko & Darlene Rose Basics for Success						& Constance		
Carey Santiago Sara Duggan Mary Hoagland created the videos. 2:25-3:10 Carey Santiago Sara Duggan Mary Hoagland created the videos. Elaine Wulf Xcel Update for Bars and Vault Thompson Floor Practice Judging The Ins and Outs of Hosting a Regional Competition Elaine Wulf Xcel Update for Bars and Vault Thompson Floor Practice Judging Competition Elena Kirichenko & Darlene Rose Basics for Success				Coaches Who	Progressive	Snyder		
Sara Duggan Mary Hoagland created the videos. Elaine Wulf Xcel Update for Bars and Vault Thompson Floor Practice Judging Sara Duggan They Look at Routines Development They Look at Routines Terri Costa & Diane Thompson Floor Practice Judging College Development Thompson Floor Practice Judging College Thompson Floor Practice College Thompson Floor Practice Judging College Thompson Floor Practice Rose Basics for Success			Carey Santiago					
2:25-3:10 Mary Hoagland created the videos. Elaine Wulf Xcel Update for Bars and Vault Thompson Floor Practice Judging Floor Practice Judging Mary Hoagland created the videos. Elaine Wulf Xcel Update for Bars and Vault Thompson Floor Practice Judging College Competition Elena Kirichenko & Darlene Rose Basics for Success			Sara Duggan					
2:25-3:10 Elaine Wulf Xcel Update for Bars and Vault Thompson Floor Practice Judging Elena Kirichenko & Darlene Rose Basics for Success								
Xcel Update for Bars and Vault Diane Thompson Floor Practice Judging	2:25-3:10		videos.	Elaine Wulf	Terri Costa &		Elena	
Bars and Vault Thompson Floor Practice Judging What DoYou Want to Know about Judging College Basics for Success				Xcel Update for	Diane	•	Kirichenko &	
Floor Practice Judging Want to Know about Judging College Rasics for Success				Bars and Vault		What DoYou	Darlene	
College Success					Floor Practice		Rose	
- Success					Judging			
3:20-4:05 Darlene Margaret	0.00 4.05			E1 1 14/ 15	D 15 1			
	3:20-4:05						_	
Xcel Update for Beam and Floor SEE the vault? Open Forum for Preschool								
Beam and Floor SEE the vault? Open Forum for Coaches Activities that				Beam and 1 loor	OLE the vadit.			
(hiring, pricing, will Enliven								
etc.) Your Program						etc.)	Your Program	
4:15-5:00 Chris Fuller Jennie Jason Braun Krystal	4:15-5:00						-	
Get the Most Out Adams & Julie King Kramer of Your Xcel Level 7/8 Ream Rest Use of So When Are								
Floor Routine Level 7/8 Beam Best Use of So When Are Routines – NC's Web-								
Construction What they based Add TOPS to								
scored and why. programs Your Program?								

Sign up for the W200 Course, the R102 Course or the Judging Test on Sunday, August 3rd at usagym.org