

# Xcel Regionals

LakePoint Sporting Community Champions Center, 261 Stars Way, Cartersville, GA 30121

## Gym A

<b>Friday</b> April 30, 2021			<b>Saturday</b> May 1, 2021		
<b><u>Session 1A</u></b>	<b>Gold</b>	<b>80 athletes</b>	<b><u>Session 5A</u></b>	<b>Platinum</b>	<b>76 athletes</b>
<b>Ch A,B,C,D</b>			<b>Ch A,B,C,D</b>		
<b>DOB 07/08/2011-01/08/2014</b>			<b>DOB 04/06/2009-06/10/2012</b>		
Stretch		8:00-8:20 AM	Stretch		8:00-8:20 AM
March In		8:20-8:30 AM	March In		8:20-8:30 AM
Warm Up/Compete		8:30-11:25 AM	Warm Up/Compete		8:30-11:21 AM
<b><u>Session 2A</u></b>	<b>Gold</b>	<b>80 athletes</b>	<b><u>Session 6A</u></b>	<b>Platinum</b>	<b>77 athletes</b>
<b>Ch E,F,G,H</b>			<b>Ch E,F Jr A,B</b>		
<b>DOB 08/22/2010-07/05/2011</b>			<b>DOB 01/13/2008-04/03/2009</b>		
Stretch		11:33 - 11:53 AM	Stretch		11:30 - 11:50 AM
March In		11:53 - 12:03 PM	March In		11:50 - 12:00 PM
Warm Up/Compete		12:03 - 2:58 PM	Warm Up/Compete		12:00 - 2:51 PM
<b><u>Session 3A</u></b>	<b>Gold</b>	<b>80 athletes</b>	<b><u>Session 7A</u></b>		<b>64 athletes</b>
<b>Ch I,J,K Jr A</b>			<b>All Ages</b>	<b>Platinum Team</b>	
<b>DOB 01/12/2010-08/19/2010</b>					
Stretch		3:06 - 3:26 PM	Stretch		3:03 - 3:23 PM
March In		3:26 - 3:36 PM	March In		3:23 - 3:33 PM
Warm Up/Compete		3:36 - 6:31 PM	Warm Up/Compete		3:33 - 5:53 PM
<b><u>Session 4A</u></b>		<b>64 athletes</b>	<b><u>Session 8A</u></b>		<b>47 athletes</b>
<b>All Ages</b>	<b>Gold State Team</b>		<b>All Ages</b>	<b>Diamond Team</b>	
Stretch		6:40 - 7:00 PM	Stretch		6:05 - 6:25 PM
March In		7:00 - 7:10 PM	March In		6:25 - 6:35 PM
Warm Up/Compete		7:10 - 9:20 PM	Warm Up/Compete		6:35 - 9:09 PM
<b>Sunday</b> May 2, 2021					
<b><u>Session 9A</u></b>	<b>Silver</b>	<b>76 athletes</b>	<b><u>Session 11A</u></b>	<b>Silver</b>	<b>76 athletes</b>
<b>Ch A,B,C,D</b>			<b>Jr A,B,C,D</b>		
<b>DOB 08/17/2012-10/21/2014</b>			<b>DOB 12/05/2010-08/31/2011</b>		
Stretch		8:00-8:20 AM	Stretch		2:00 - 2:20 PM
March In		8:20-8:30 AM	March In		2:20 - 2:30 PM
Warm Up/Compete		8:30-10:47 AM	Warm Up/Compete		2:30 - 4:47 PM
<b><u>Session 10A</u></b>	<b>Silver</b>	<b>76 athletes</b>	<b><u>Session 12A</u></b>		<b>64 athletes</b>
<b>Ch E,F,G,H</b>			<b>All Ages</b>	<b>Silver Team</b>	
<b>DOB 09/05/11-08/17/2012</b>					
Stretch		11:00 - 11:20 AM	Stretch		5:00 - 5:20 PM
March In		11:20 - 11:30 AM	March In		5:20 - 5:30 PM
Warm Up/Compete		11:30 - 1:47 PM	Warm Up/Compete		5:30 - 7:47 PM
<b>Please be at the competition site 30 minutes prior to stretch time.</b> <b>If we are ahead of schedule we will begin early.</b>					

Coaches Meeting at <https://www.youtube.com/watch?v=-aBTO1H5tgs>

Meet Website at <https://www.region8xcel2021.com>

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## Gym B

<b>Friday</b> April 30, 2021			<b>Saturday</b> May 1, 2021		
<b>Session 1B</b>	<b>Gold</b>	<b>81 athletes</b>	<b>Session 5B</b>	<b>Gold</b>	<b>84 athletes</b>
<b>Jr B,C,D,E</b>			<b>Sr G,H,I,J</b>		
<b>DOB 07/6/2009-01/08/2010</b>			<b>DOB 12/23/2002-07/20/2007</b>		
Stretch		8:00-8:20 AM	Stretch		8:00-8:20 AM
March In		8:20-8:30 AM	March In		8:20-8:30 AM
Warm Up/Compete		8:30-11:20 AM	Warm Up/Compete		8:30-11:25 AM
<b>Session 2B</b>	<b>Gold</b>	<b>84 athletes</b>	<b>Session 6B</b>	<b>Platinum</b>	<b>75 athletes</b>
<b>Jr F,G,H,I</b>			<b>Jr, C,D,E. Sr A</b>		
<b>DOB 12/23/08-06/30/2009</b>			<b>DOB 10/24/2006-01/12/2008</b>		
Stretch		11:30- 11:50 AM	Stretch		11:35-11:55 AM
March In		11:50 - 12:00 PM	March In		11:55-12:05 AM
Warm Up/Compete		12:00 - 2:47 PM	Warm Up/Compete		12:05-2:56 PM
<b>Session 3B</b>	<b>Gold</b>	<b>80 athletes</b>	<b>Session 7B</b>	<b>Platinum</b>	<b>77 athletes</b>
<b>Jr J,K Sr A,B</b>			<b>Sr B,C,D,E</b>		
<b>DOB 04/25/2008-12/22/2008</b>			<b>DOB 10/07/2002-10/23/2006</b>		
Stretch		3:00 - 3:20 PM	Stretch		3:06 - 3:26 PM
March In		3:20 - 3:30 PM	March In		3:26 - 3:36 PM
Warm Up/Compete		3:30 - 6:17 PM	Warm Up/Compete		3:36 - 6:28 PM
<b>Session 4B</b>	<b>Gold</b>	<b>84 athletes</b>	<b>Session 8B</b>	<b>Diamond</b>	<b>66 athletes</b>
<b>Sr C,D,E,F</b>			<b>Ch, Jr, SR</b>		
<b>DOB 07/21/2007-04/23/2008</b>			<b>ALL Ages</b>		
Stretch		6:30 - 6:50 PM	Stretch		6:38 - 6:58 PM
March In		6:50 - 7:00 PM	March In		6:58 - 7:08 PM
Warm Up/Compete		7:00 - 9:45 PM	Warm Up/Compete		7:08 - 9:42 PM
<b>Sunday</b> May 2, 2021					
<b>Session 9B</b>	<b>Silver</b>	<b>76 athletes</b>	<b>Session 11B</b>	<b>Silver</b>	<b>80 athletes</b>
<b>Jr,E,F,G,H</b>			<b>Sr,E,F,G,H</b>		
<b>DOB 02/06/2010-11/30/2010</b>			<b>DOB 03/28/2003-04/11/2009</b>		
Stretch		8:00-8:20 AM	Stretch		2:00 - 2:20 PM
March In		8:20-8:30 AM	March In		2:20 - 2:30 PM
Warm Up/Compete		8:30-10:47 AM	Warm Up/Compete		2:30 - 4:47 PM
<b>Session 10B</b>	<b>Silver</b>	<b>78 athletes</b>			
<b>Sr A,B,C,D</b>					
<b>DOB 04/13/2009-02/05/2010</b>					
Stretch		11:00 - 11:20 AM			
March In		11:20 - 11:30 AM			
Warm Up/Compete		11:30 - 1:47 PM			

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