



Welcome to USA Gymnastics Level 6, 9 & 10 Georgia State Championships!

Please work with your athlete's coach to confirm you favorite athlete's age group to make certain you have the correct session.

**The meet is being held at Allatoona High School, 3300 Dallas-Acworth Highway, Acworth, 30101.**

## **MEET SCHEDULE 2016**

### **Friday, March 18, 2016**

**Session 1** - Level 6 – CH C, JR D, SR B, SR C

General Stretch – 5:30 pm

Introductions – 5:50 pm

Timed Warm-ups and Competition– 6:00 pm

### **Saturday, March 19, 2016**

**Session 2 - Level 6 – CH D, JR E, SR D, SR F**

General Stretch – 8:00 am

Introductions – 8:20 am

Timed Warm-ups and Competition– 8:30 am

**Session 3 - Level 6 – CH B, CH F, JR B, JR C**

General Stretch – 11:15 am

Introductions – 11:35 am

Timed Warm-ups and Competition– 11:45 am

**Session 4 - Level 6 – CH E, JR F, JR G, CH G**

General Stretch – 2:30 pm

Introductions – 2:50 pm

Timed Warm-ups and Competition– 3:00 pm

**Session 5 - Level 6 – CH A, JR A, SR A, SR E**

General Stretch – 5:45 pm

Introductions – 5:55 pm

Timed Warm-ups and Competition– 6:05 pm

**Sunday, March 20, 2016**

**Session 6 - Level 9 – SR A, SR B, SR C**

General Stretch – 8:00 am

Introductions – 8:20 am

Timed Warm-ups and Competition– 8:30 am

**Session 7 - Level 9 – JR A, JR B, JR C**

General Stretch – 11:15 am

Introductions – 11:35 am

Timed Warm-ups and Competition– 11:45 am

**Session 8 - Level 10 – JR A, SR B**

General Stretch – 2:30 pm

Introductions – 2:50 pm

Timed Warm-ups and Competition– 3:00 pm

**Session 9 - Level 10 – JR B, SR A**

General Stretch – 5:30 pm

Introductions – 5:50 pm

Timed Warm-ups and Competition– 6:00 pm

We urge all coaches, gymnasts and spectators who will be coming for the Friday session, to arrive close to the meet site before traffic begins to back up. Traffic is always terrible and we would hate for a gymnast to miss competing because they were stuck somewhere!

Here is some additional information to pass along:

**Again, the meet is being held at Allatoona High School, 3300 Dallas-Acworth Highway, Acworth, 30101.**

**The host hotel is Embassy Suites, Atlanta-Kennesaw Town Center, 620 Chastain Road NW, Kennesaw, 30144 (770) 420-2505.**

**Admission to the meet is \$10 for adults and \$5 for students and seniors.**

**Concessions will be available.**