

# Manhattan Classic Gift Leotards

**\*Enter all leotard sizes for your gymnasts on your Meet Maker or All Gymnastics Roster using the Destira sizing guide below!**

## **Girls' Leotards**

<b>Chest</b>	<b>Waist</b>	<b>Hip</b>	<b>Torso</b>	<b>Comfortable Fit</b>
22 - 23"	17 ½ - 19"	20 ½ - 21"	38 - 40"	Child XXS (3-4)
23 - 25"	18 ½ - 20"	21 ½ - 23"	40 - 43"	Child XS (5-6)
25 - 26"	20 - 21 ½"	23 - 24 ½"	43 ½ - 45"	Child S (6x-7)
26 - 27 ½"	21 - 22 ½"	24 - 25 ½"	45 ½ - 47"	Child M (8-10)
27 - 28 ½"	22 - 23"	25 - 26 ½"	47 - 49"	Child L (10-12)

## **Women's Leotards**

<b>Chest</b>	<b>Waist</b>	<b>Hip</b>	<b>Torso</b>	<b>Comfortable Fit</b>
28 - 30"	19 ½ - 21"	27 ½ - 29"	51 - 52 ½"	Junior (12-14)
29 ½ - 31"	21 ½ - 23"	29 - 30 ½"	52 ½ - 54"	Adult XS
30 ½ - 33"	22 ½ - 24"	30 ½ - 32"	54 - 55 ½"	Adult S
32 ½ - 33 ½"	24 - 25 ½"	32 - 33"	56 - 57 ½"	Adult M
34 - 35"	25 ½ - 26 ½"	33 ½ - 35"	57 - 59"	Adult L
35 - 36"	26 ½ - 28"	35 - 36"	59 - 61"	Adult XL

## **How to Measure**

1. **Chest Measurement:** taken with a deep breath, arms held out at shoulder height. Go directly over shoulder blades on back.
2. **Waist Measurement:** taken at natural waistline, on-or-around belly-button
3. **Hip Measurement:** taken around the fullest part of the buttocks
4. **Torso Measurement:** taken from the center of the shoulder, down the front, between the legs, and up to the back to the starting point.

## **Rules of Thumb**

1. Destira leotards run fairly true to size. Most often, a gymnast will wear the same size they wear in street clothes. For growing room, buy one size up.
2. Metallic fabrics have less stretch and will have a tighter feel when worn. Keep fabric type in mind when choosing size.