

PLEASE READ CAREFULLY!

As per Region 8 Rules and Regulations; for Professional Members (coaches) to receive complimentary apparel for Easterns and/or JO Nationals, they must be in "Good Standing" with the Region in regard to Training Camps.

"In Good Standing" in regard to Training Camps is defined as meeting at least ONE of the following criteria:

- 1. Your club hosted a R 8 Training Camp within the last 2 years.**
- 2. Your club sent volunteer coaches to a camp, to actively work with the attending gymnasts within the last 2 years.**
- 3. Your club sent athletes to a Camp within the last 2 years.**
- 4. Your club made a \$1,000 donation to the Regional 8 Apparel Fund before these Regional Championships began.**

Coaches of clubs that are not in "Good Standing" must purchase all required apparel (on site at Regionals) and wear it at Level 9 Easterns and/or JO Nationals or the USAG Committee from the State in which they reside will be fined.

Please be polite to the apparel room volunteers! If you have questions or concerns, find your State Chairperson, Deb Kornegay or Brad Harris.