

There are 3 gyms, scroll down for gym B and C

2018 Xcel Regional Championships

Competition Schedule

Daytona Beach Ocean Center Arena
101 N Atlantic Ave
Daytona Beach, FL 32118
Xcel Gold All Stars & State Team Schedule
Xcel Diamond All Stars Schedule

Thursday April 26, 2018

Gym A

Session A1 - Capital Cup (65)

Xcel Gold

Born between 8/12/2008– 11/15/2010
2:00-2:20 General Stretch
2:20-2:40 March In/Timed Warm Ups
2:40-5:00 Competition
Individual Awards to follow.

Session A2 - Capital Cup (67)

Xcel Gold

Born between 1/7/2008 – 8/8/2008
5:00 - 5:20 General Stretch
5:20- 5:40 March In/Timed Warm Ups
5:50 – 8:00 Competition
Individual Awards to follow.

Friday, April 27, 2018

Session A3 - Capital Cup (64)

Xcel Gold

Born between 7/30/2007 – 1/6/2008
8:00-8:20 General Stretch
8:20-8:40 March In/Timed Warm Ups
8:40-11:00 Competition
Individual Awards to follow.

Session A4 - Capital Cup (65)

Xcel Gold

Born between 3/5/2007 – 7/25/2007
11:00-11:20 General Stretch
11:20- 11:40 March In/Timed Warm Ups
11:40 – 2:00 Competition
Individual Awards to follow

Session A5 - Capital Cup (65)

Xcel Gold

Born between 9/22/2006– 3/2/2007
2:00-2:20 General Stretch
2:20-2:40 March In/Timed Warm Ups
2:40-5:00 Competition
Individual Awards to follow.

Session A6 - Capital Cup (64)

Xcel Gold

Born between 6/8/2006 – 9/20/2006
5:00 - 5:20 General Stretch
5:20- 5:40 March In/Timed Warm Ups
5:50 – 8:00 Competition
Individual Awards to follow.

Saturday, April 28, 2018

Session A7 - Capital Cup (65)

Xcel Gold

Born between 1/9/2006 – 6/7/2006
8:00-8:20 General Stretch
8:20-8:40 March In/Timed Warm Ups
8:40-11:00 Competition
Individual Awards to follow.

Session A8 - Capital Cup (65)

Xcel Gold

Born between 8/20/2005 – 1/6/2006
11:00-11:20 General Stretch
11:20- 11:40 March In/Timed Warm Ups
11:40 – 2:00 Competition
Individual Awards to follow

Session A9 - Capital Cup (66)

Xcel Gold

Born between 3/1/2005– 8/18/2005
2:00-2:20 General Stretch
2:20-2:40 March In/Timed Warm Ups
2:40-5:00 Competition
Individual Awards to follow.

Session A10 - Capital Cup (48)

Xcel Gold State Team Session

5:00 - 5:20 General Stretch
5:20- 5:40 March In/Timed Warm Ups
5:50 – 7:30 Competition
Individual and Region Team Awards to follow.

Sunday, April 29, 2018

Session A11 - Capital Cup (65)

Xcel Gold

Born between 4/10/2004 – 2/25/2005

8:00-8:20 General Stretch

8:20-8:40 March In/Timed Warm Ups

8:40-11:00 Competition

Individual Awards to follow.

Session A12 - Capital Cup (65)

Xcel Gold

Born between 4/17/2000 – 3/25/2004

11:00-11:20 General Stretch

11:20- 11:40 March In/Timed Warm Ups

11:40 – 2:00 Competition

Individual Awards to follow

Session A13 - Capital Cup (54)

Xcel Diamond – ALL Allstars

2:00-2:20 General Stretch

2:20-2:40 March In/Timed Warm Ups

2:40-5:00 Competition

Individual Awards to follow.

2018 Xcel Regional Championships

Competition Schedule

Daytona Beach Ocean Center Arena
101 N Atlantic Ave
Daytona Beach, FL 32118
Xcel Silver All Stars and State Team Schedule
Platinum & Diamond State Team Schedule
Platinum All Stars Schedule
Thursday April 26, 2018

Gym B

Session B1 - Capital Cup (73)

Xcel Silver

Born between 2/11/2010 – 11/20/2011

8:00 -8:20 General Stretch

8:20-8:40 March In/Timed Warm Ups

8:40-10:30 Competition

Individual Awards to follow.

Session B2 - Capital Cup (72)

Xcel Silver

Born between 6/14/2009 – 2/5/2010

10:30-10:50 General Stretch

10:50- 11:10 March In/Timed Warm Ups

11:10 – 1:00 Competition

Individual Awards to follow

Session B3 - Capital Cup (74)

Xcel Silver

Born between 12/26/2008 – 6/10/2009

1:00 -1:20 General Stretch

1:20-1:40 March In/Timed Warm Ups

1:40-3:30 Competition

Individual Awards to follow.

Session B4 - Capital Cup (74)

Xcel Silver

Born between 9/8/2008 – 12/24/2008

3:30-3:50 General Stretch

3:50- 4:10 March In/Timed Warm Ups

4:10 – 6:00 Competition

Individual Awards to follow

Session B5 - Capital Cup (75)

Xcel Silver

Born between 5/1/2008 – 9/7/2008

6:00-6:20 General Stretch

6:20- 6:40 March In/Timed Warm Ups

6:40 – 8:30 Competition

Individual Awards to follow

Friday April 27, 2018

Session B6 - Capital Cup (73)

Xcel Silver

Born between 12/14/2007 – 4/30/2008

8:00 -8:20 General Stretch

8:20-8:40 March In/Timed Warm Ups

8:40-10:30 Competition

Individual Awards to follow.

Session B7 - Capital Cup (71)

Xcel Silver

Born between 8/5/2007 – 12/13/2007

10:30-10:50 General Stretch

10:50- 11:10 March In/Timed Warm Ups

11:10 – 1:00 Competition

Individual Awards to follow

Session B8 - Capital Cup (71)

Xcel Silver

Born between 3/22/2007 – 8/3/2007

1:00 -1:20 General Stretch

1:20-1:40 March In/Timed Warm Ups

1:40-3:30 Competition

Individual Awards to follow.

Session B9 - Capital Cup (74)

Xcel Silver

Born between 11/13/2006 – 3/17/2007

3:30-3:50 General Stretch

3:50- 4:10 March In/Timed Warm Ups

4:10 – 6:00 Competition

Individual Awards to follow

Session B10 - Capital Cup (71)

Xcel Silver

Born between 6/25/2006 – 11/12/2006

6:00-6:20 General Stretch

6:20- 6:40 March In/Timed Warm Ups

6:40 – 8:30 Competition

Individual Awards to follow

Saturday April 28, 2018

Gym B

Session B11 - Capital Cup (72)

Xcel Silver

Born between 1/5/2006 – 6/24/2006

8:00 -8:20 General Stretch

8:20-8:40 March In/Timed Warm Ups

8:40-10:30 Competition

Individual Awards to follow.

Session B12 - Capital Cup (72)

Xcel Silver

Born between 5/18/2005 – 12/28/2005

10:30-10:50 General Stretch

10:50- 11:10 March In/Timed Warm Ups

11:10 – 1:00 Competition

Individual Awards to follow

Session B13 - Capital Cup (73)

Xcel Silver

Born between 11/21/2001 – 5/8/2005

1:00 -1:20 General Stretch

1:20-1:40 March In/Timed Warm Ups

1:40-3:30 Competition

Individual Awards to follow.

Session B14 - Capital Cup (48)

Xcel Silver State Team

4:00-4:20 General Stretch

4:20- 4:40 March In/Timed Warm Ups

4:40 – 6:00 Competition

Individual Awards to follow

Session B15 - Capital Cup (71)

Xcel Platinum and Xcel Diamond State Team

6:00-6:20 General Stretch

6:20- 6:40 March In/Timed Warm Ups

6:40 – 9:00 Competition

Individual Awards to follow

Sunday April 29, 2018

Xcel Platinum Schedule

Gym B

Session B16 - Capital Cup (73)

Xcel Platinum

Born between 3/21/2006 – 12/18/2008

8:00 -8:20 General Stretch

8:20-8:40 March In/Timed Warm Ups

8:40-11:15 Competition

Individual Awards to follow.

Session B17 - Capital Cup (72)

Xcel Platinum

Born between 4/28/2005 – 3/20/2006

11:15-11:35 General Stretch

11:35- 11:55 March In/Timed Warm Ups

11:55 – 2:30 Competition

Individual Awards to follow

Session B18 - Capital Cup (72)

Xcel Platinum

Born between 1/15/2004 – 4/24/2005

2:30 -2:40 General Stretch

2:40-3:00 March In/Timed Warm Ups

3:00-5:30 Competition

Individual Awards to follow.

Session B19 - Capital Cup (48)

Xcel Platinum

Born between 10/5/1998 – 12/31/2003

5:30-5:50 General Stretch

5:50- 6:10 March In/Timed Warm Ups

6:10 – 8:30 Competition

Individual Awards to follow

2018 Xcel Regional Championships

Competition Schedule

Daytona Beach Ocean Center Arena
101 N Atlantic Ave
Daytona Beach, FL 32118
Xcel Bronze All Stars & State Team Schedule

Thursday April 26, 2018

Gym C

Session C1 - Modified Traditional (40)

Xcel Bronze

Born between 12/9/2010 – 9/8/2012

8:00 -8:20 General Stretch

8:20-8:40 March In/Timed Warm Ups

8:40-10:30 Competition

Individual Awards to follow.

Session C2 - Modified Traditional (40)

Xcel Bronze

Born between 5/24/2010 – 12/3/2010

10:30-10:50 General Stretch

10:50- 11:10 March In/Timed Warm Ups

11:10 – 1:00 Competition

Individual Awards to follow

Session C3 - Modified Traditional (39)

Xcel Bronze

Born between 12/9/2009 – 5/20/2010

1:00 -1:20 General Stretch

1:20-1:40 March In/Timed Warm Ups

1:40-3:30 Competition

Individual Awards to follow.

Session C4 - Modified Traditional (40)

Xcel Bronze

Born between 8/10/2009 – 12/1/2009

3:30-3:50 General Stretch

3:50- 4:10 March In/Timed Warm Ups

4:10 – 6:00 Competition

Individual Awards to follow

Session C5 - Modified Traditional (40)

Xcel Bronze

Born between 4/15/2009 – 8/7/2009

6:00-6:20 General Stretch

6:20- 6:40 March In/Timed Warm Ups

6:40 – 8:30 Competition

Individual Awards to follow

Xcel Bronze Schedule

Friday April 27, 2018

Gym C

Session C6 - Modified Traditional (40)

Xcel Bronze

Born between 12/10/2008 – 4/11/2009

8:00 -8:20 General Stretch

8:20-8:40 March In/Timed Warm Ups

8:40-10:30 Competition

Individual Awards to follow.

Session C7 - Modified Traditional (41)

Xcel Bronze

Born between 8/24/2008 – 12/4/2008

10:30-10:50 General Stretch

10:50- 11:10 March In/Timed Warm Ups

11:10 – 1:00 Competition

Individual Awards to follow

Session C8 - Modified Traditional (40)

Xcel Bronze

Born between 4/19/2008 – 8/23/2008

1:00 -1:20 General Stretch

1:20-1:40 March In/Timed Warm Ups

1:40-3:30 Competition

Individual Awards to follow.

Session C9 - Modified Traditional (39)

Xcel Bronze

Born between 11/23/2007 – 4/16/2008

3:30-3:50 General Stretch

3:50- 4:10 March In/Timed Warm Ups

4:10 – 6:00 Competition

Individual Awards to follow

Session C10 - Modified Traditional (40)

Xcel Bronze

Born between 4/30/2007 – 11/22/2007

6:00-6:20 General Stretch

6:20- 6:40 March In/Timed Warm Ups

6:40 – 8:30 Competition

Individual Awards to follow

Xcel Bronze Schedule

Saturday April 28, 2018

Gym C

Session C11 - Modified Traditional (40)

Xcel Bronze

Born between 12/1/2006 – 4/27/2007

8:00 -8:20 General Stretch

8:20-8:40 March In/Timed Warm Ups

8:40-10:30 Competition

Individual Awards to follow.

Session C12 - Modified Traditional (40)

Xcel Bronze

Born between 5/18/2006 – 11/22/2006

10:30-10:50 General Stretch

10:50- 11:10 March In/Timed Warm Ups

11:10 – 1:00 Competition

Individual Awards to follow

Session C13 - Capital Cup (41)

Xcel Bronze

Born between 1/17/2001 – 5/8/2006

1:00 -1:20 General Stretch

1:20-1:40 March In/Timed Warm Ups

1:40-3:30 Competition

Individual Awards to follow.

Session B14 - Capital Cup (40)

Xcel Bronze State Team

3:30-3:50 General Stretch

3:50- 4:10 March In/Timed Warm Ups

4:10 – 6:00 Competition

Individual and Team Awards to follow