



The Gala

2019

WELCOME TEAMS!

We are excited to ring in the New Year with you in beautiful Asheville, North Carolina for our 8th Annual Gala! This year we are proud to showcase over 1,400 athletes from all over Region 7 & 8! There is so much to do while you are with us in the majestic blue ridge mountains and we hope you take advantage of all there is to do here, creating wonderful memories inside and outside of the competition. Enclosed in this welcome packet you will find important information you will want to review and share with your coaches & team families prior to the event.

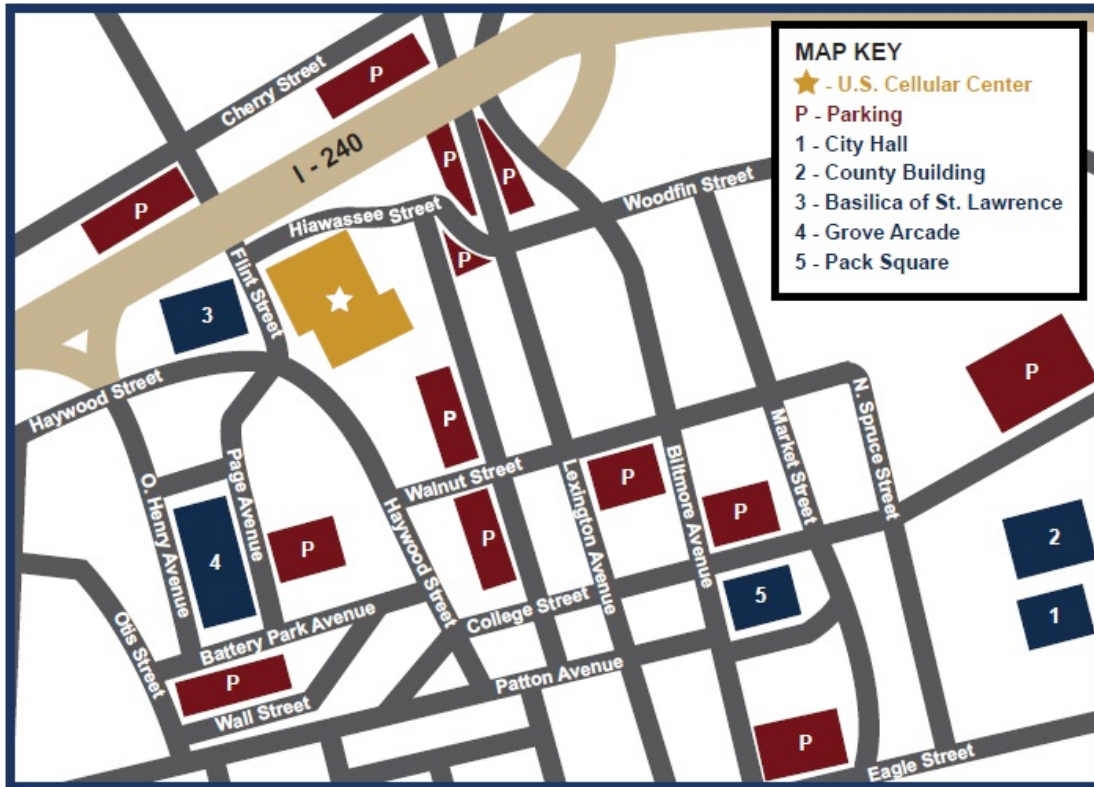
We appreciate feedback and want to provide you with the best meet experience possible. Please let any one of us know if you need anything!

Thank you,

The Gala Committee
Jessica Harris
Karen Pleasants
Diane Thompson

EVENT PARKING

There are multiple parking options to the arena- visit our website for the link to view all the parking options available. *Parking at the Cellular Center is limited and is \$7/day per vehicle. (*subject to change at any time)



AREA ATTRACTIONS

There is SO much to do while you are with us in Asheville! Downtown shopping, snow skiing, family outings, hiking, and more! Visit our website for more details: www.thegala.net

Host Hotels



Cambria Hotel Downtown Asheville

WITHIN WALKING DISTANCE TO THE U.S. CELLULAR CENTER.

The Cambria Hotel Downtown Asheville is a modern, stylish hotel in downtown Asheville. Complimentary breakfast included.

Special Gala Room Rates:

- 1 King Bed (non-smoking) – \$119.00/Night
- 2 Double Beds (non-smoking) – \$129.00/Night

To book your room, visit Cambria Hotel Downtown Asheville's [Gala 2019 Reservation Page](#).



Country Inn and Suites Asheville Westgate

Country Inn & Suites® by Radisson, Asheville Westgate, NC is the perfect base of operations during your time in Asheville. Our shuttle service offers transportation to specific drop-off points for the Gala. Complimentary breakfast included.

- Free, Hot Breakfast
- Free Parking
- Free Shuttle Service to Downtown
- Free Wi-Fi
- Indoor Pool

Special Gala Room Rate starting at \$105.00/Night

To book your room, visit the Country Inn and Suite's [Gala 2019 Reservations Page](#).

Additional Hotels



Doubletree Asheville – Biltmore

Located just one block from the entrance to Biltmore Estate, our DoubleTree by Hilton Hotel Asheville – Biltmore offers easy access to Asheville Regional Airport, numerous shopping malls and the business and financial districts.

- Within walking distance of the Biltmore Estate
- Indoor pool and whirlpool with a retractable roof
- Complimentary WiFi
- Dining options including Ducker Tea Room for breakfast and on-site TGI Fridays
- Shuttle service to downtown Asheville

Special Gala Room Rate starting at \$105.00/Night

To book a room, please visit the Doubletree Asheville – Biltmore [Gala Reservations page](#)



Hyatt Place Downtown Asheville

WITHIN WALKING DISTANCE TO U.S. CELLULAR CENTER.

The Hyatt Place Asheville Downtown is quickly becoming one of the most iconic hotels in Asheville NC. When you stay with us, you're near over 200 locally owned restaurants, shops, and entertainment venues and within walking distance to our downtown Asheville NC hotel..

- Indoor pool
- Onsite restaurant and roof-top bar
- Complimentary WiFi
- Complimentary breakfast

To book by phone via Central Reservations, call 1-800-993-4751. Please refer to your check in and check out dates and ask for the Gala Gymnastics 2019 Group Rate. To book via the online Reservation Link, simply click the link below and fill in your travel dates. The discount code will auto-populate. Your travelers have until December 21st, 2018 (cutoff), to book and receive the contracted discounted rate. Or book online through the special [Gala Reservations page](#).

Rooms sell out quickly, so book your accommodations today!

DEADLINES

Please note the refund/registration deadline was November 1st, 2018. Scratches received before that date will receive a full refund for their registration fees. The level declaration date was set as November 15th, 2018. Please notify us at info@thegala.net with any level changes by this date. Please contact us with any questions about these deadlines you may have.

ADMISSIONS

Spectator admissions are cash only (there is an ATM on site) and the costs are:

Adults: \$12/day, \$20/weekend

Child (12 & under): \$8/day, \$10 weekend

Weekend Family Pass (2 adults, 2 children): \$40

COACHES CREDENTIALS

Prior to the event, we will be verifying memberships for the coaches that were entered into Meetmaker. **If you have additional coaches that you did not register on Meetmaker they will NOT be allowed on the floor without providing *physical proof* of their membership (AAU & USAG).** They will also need to allow us time to properly approve their membership status and issue event credentials. Event credentials **MUST** be worn on the competition floor at all times. If you would like to submit your additional coaches information, please do so prior to the competition by submitting them via email to: info@thegala.net

EVENT LEOTARDS

The leotards have already been ordered and unfortunately we will not be able to accommodate late entries as well as any size changes (this applies to the instance of switching athletes for another athlete as well). Leotards will be available for pick up at your first session you attend and will be sorted by club. Leotards may not be picked up by individual athletes or parents. Leotard pick up is the coaches responsibility. Once you have signed for your leotard order pick-up, they are your responsibility. No replacements will be made once your apparel order has been signed for so PLEASE put it somewhere safe!

ROSTER VERIFICATION

Please proof read your club roster prior to the start of the first session your club is in. You will need to verify, edit (if necessary) and sign to confirm all birthdates, spelling of names, levels, etc. are correct. ***Changes will not be accepted after the start of your first session.**

GYMNAST CARDS & FLIGHT SHEETS

The format to the competition is modified capital cup with 2 gyms running simultaneously. Gymnast cards & flight sheets will be distributed on the head table prior to the beginning of each session. Please pull out the cards of scratched gymnasts and give them to a meet director at the coaches meeting. You are free to organize your gymnasts in whichever order you choose on each event. If your club is split between 2 or more squads, you can also determine which gymnasts go in which squad. (Coaches find this very helpful when you have two groups of girls that have different vault/bar settings to alleviate constant equipment adjustments.)

PHOTO OPS

Be sure to visit our several popular photo ops we have for you and your athletes to pose and post to our Facebook page: fb.me/THEGALAGYMNASTICSMEET

FLOOR MUSIC

Floor music sheets will be available at the head table throughout the meet. Please complete and return these to the music table prior to march in of each session. Remember to bring your iPod charged and clearly labeled with your gym name on it. **It is not advised to use your iPhone to play floor music.**

AWARDS

Awards are given out to the top 50% + 1 with age groups no larger than 15. Location of awards room for each gym will be announced near the completion of each session.

INCLIMENT WEATHER POLICY

The event will proceed regardless of what Mother Nature surprises us with! Refunds are not issued for inclement weather. We trust and respect the right for everyone to make the best decision for their athlete and family when considering traveling in winter weather.

VOLUNTEERS

We value our volunteers! There is a variety of options for volunteers including judge's assistants, event timers, organizing and distributing awards, etc. We provide our volunteers with an event t-shirt for you to wear on the day of the event and you will be invited to join us for a meal before or after your volunteer assignment! This is a great way for you to get front row seats to amazing gymnastics and is ideal for the high school athlete looking for volunteer/community service hours!

Visit the link below to complete the short application:

<http://www.thegala.net/volunteer/>