



## A Critique Meet with Fun, Free, Educational Clinics!

Receive personal input from judges for all levels and free clinics available throughout the weekend with entry or gate fee for gymnasts, coaches and parents.

### COMPETITION JAN 4-6, 2019

Orlando, Florida  
Wyndham Resort Orlando  
(International Dr)

### MAIL COMPLETED FORM & CHECK

Shannon Miller Gold Cup  
4311 Salisbury Road | Jacksonville, FL 32216  
Absolutely NO Faxes Accepted

### DEADLINE TO ENTER\*:

Friday, November 30th  
Limited to 600 Athletes  
FIRST COME FIRST SERVED

#### Levels

AAU Levels 1-Open & All XCEL  
AAU Florida Gold Award guidelines & National Rules

#### Equipment

AAI - All sessions are modified  
Capital Cup format

### ENTRY FEES

	Early Bird by 9/7	Regular 9/8-11/30/18	*Late 12/1-12/14/18
Optional (including Xcel)	\$110	\$120	\$130
Compulsory Level 1-5	\$100	\$110	\$120
Team Entry (per team)	\$ 55	\$ 55	\$ 70

\*If space is available.

#### Included with your entry fee, each gymnast receives:

- Meet t-shirt (please indicate size on entry form in the space provided)
- Shannon Miller autograph
- Goody Bag
- Entrance to all clinics (athletes, parents, coaches)



### AWARDS

#### INDIVIDUAL:

Events 50%+1  
Custom SMGC Medals

#### ALL-AROUND:

1-3 Trophies  
100% Medals

#### TEAM:

Team trophies 50%+1 (Top 3 scores count)

#### TWO DIVISIONS:

Small Team -3-6 Gymnasts | 3 Scores Count  
Large Team -7+ Gymnasts | 3 Scores Count



### AAU NOTES:

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins, • Participants are encouraged to visit the AAU website [www.ausports.org](http://www.ausports.org) to obtain their membership.

**Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.**

[shannonmillergoldcup.com](http://shannonmillergoldcup.com)

Contact Morgan Yonge: [morgan@shannonmillerlifestyle.com](mailto:morgan@shannonmillerlifestyle.com)



# A Critique Meet

with Free, Fun, Educational Clinics!

First Come, First Serve  
Limit 600 Athletes

## EVENT REGISTRATION

See Info Sheet for Fees and Deadlines!

Team/Gym Information/Individual (must have coach at meet)			
Team/Gym/Individual Name		Club ID#	
Address		City, State, ZIP	
Phone	Alternate Phone		
Email Address			

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership and bring copy to meet.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins. • Participants are encouraged to visit the AAU website [www.aausports.org](http://www.aausports.org) to obtain their membership.

**Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event. Due to background screenings, please allow up to 10 days for adult memberships to be processed.**

Coaches Attending	AAU#	Member Exp Date	Safety Exp Date	Background Exp

**PLEASE USE ONE FORM PER LEVEL** Enter Team Competition: Yes  No

\*FREE T-shirt for athletes! Please Indicate size as:  
Child: CS, CM, CL or Adult: AS, AM, AL, AX

**AAU LEVEL** If filling in by hand, please ✓ to right of level number

**XCEL LEVEL**

1	2	3	4	5	6	7	8	9	10	Bronze	Silver	Gold	Platinum	Diamond
---	---	---	---	---	---	---	---	---	----	--------	--------	------	----------	---------

	Athlete Name	T-Shirt Size*	AAU#	Age	Birthday	Fee
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						

See Fees and Deadlines on Info Sheet

To get best pricing, make sure your registration forms are postmarked by deadline!

**>>>>Mail Completed Form with Payment<<<<**

MAKE CHECKS PAYABLE TO: SHANNON MILLER GOLD CUP, LLC

MAIL TO: 4311 SALISBURY ROAD, JACKSONVILLE, FL 32216

You will need a copy of your current AAU membership.

This box only needs to be completed on one form per gym.

Athletes (Total, all pages)	#	\$
\$50/team (if applicable)	#	\$
Sub-Total (this page)		\$

Grand Total (all pages) \$