

Drop It Like It's Hot - CA

LR Productions @ Ontario Convention Ctr

February 10, 2023 - February 12, 2023

Session 1: USAG Level 3 & Silver Group 1

Friday, Feb 10, 2023

71 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 8:00 AM

March In: 8:20 AM

Awards: 10:45 AM

Session 2: USAG Bronze Group 1

72 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 11:05 AM

March In: 11:25 AM

Awards: 1:30 PM

Session 3: USAG Level 2 & Silver Group 2

79 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 1:50 PM

March In: 2:10 PM

Awards: 4:55 PM

Session 4: USAG Level 4, 5,6, Diamonds

78 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 5:15 PM

March In: 5:35 PM

Awards: 8:50 PM

Session 5: USAG Bronze Group 2

Saturday, Feb 11, 2023

67 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 8:45 AM

March In: 9:05 AM

Awards: 11:15 AM

Session 6: USAG Gold

99 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 11:35 AM

March In: 11:55 AM

Awards: 2:55 PM

Session 7: USAG Platinum

49 gymnasts

Format: Modified Capitol Cup

*Open Stretch Begins: 3:15 PM
March In: 3:35 PM
Awards: 6:00 PM*

Session 8: USAG Level 7-10

*50 gymnasts
Format: Modified Capitol Cup
Open Stretch Begins: 6:20 PM
March In: 6:40 PM
Awards: 9:35 PM*

Session 9: NGA 4N,GN,5N,6N

Sunday, Feb 12, 2023

*35 gymnasts
Format: Modified Capitol Cup
Open Stretch Begins: 8:00 AM
March In: 8:20 AM
Awards: 10:05 AM*

Session 10: NGA 2N,SN,3N

*71 gymnasts
Format: Modified Capitol Cup
Open Stretch Begins: 10:25 AM
March In: 10:45 AM
Awards: 1:15 PM*

Session 11: NGA 7-10N, PN, DN

*50 gymnasts
Format: Modified Capitol Cup
Open Stretch Begins: 1:35 PM
March In: 1:55 PM
Awards: 4:35 PM*