



NC AAU GYMNASTICS

Polish Clinic

Get one on one with judges on each event to polish your routines by reviewing the fine details of how to improve your scores & presentation to prepare to do your best at AAU Regionals & Nationals!

SATURDAY

APRIL 29, 2023

@ CAROLINA FLIPZ,
PINEVILLE

\$50
ALL LEVELS



REGISTER: [HTTPS://WWW.MEETMAKER.COM/MEETDETAILS?EID=6691](https://www.meetmaker.com/meetdetails?eid=6691)

REGISTRATION DEADLINE: APRIL 14, 2023

SPACE IS LIMITED

THIS EVENT IS LICENSED BY THE AMATEUR ATHLETIC UNION OF THE U. S., INC. ALL PARTICIPANTS MUST HAVE A CURRENT AAU MEMBERSHIP. AAU MEMBERSHIP MAY NOT BE INCLUDED AS PART OF THE ENTRY FEE TO THE EVENT. AAU MEMBERSHIP MUST BE OBTAINED BEFORE THE COMPETITION BEGINS EXCEPT WHERE THE EVENT OPERATOR HAS A LAPTOP AVAILABLE WITH AN INTERNET CONNECTION. BE PREPARED: ADULT AND NON-ATHLETE MEMBERSHIPS ARE NO LONGER INSTANT AND CANNOT BE APPLIED FOR AT THE EVENT. PLEASE ALLOW UP TO 10 DAYS FOR MEMBERSHIP TO BE PROCESSED. PARTICIPANTS ARE ENCOURAGED TO VISIT THE AAU WEB SITE WWW.AAUSPORTS.ORG TO OBTAIN THEIR MEMBERSHIP.