

# 2024 RALLY FOR GOLD

## Session Summary

Feb 2-4, 2024

Saturday, February 3, 2024			Session: 01			Stretch 8:00 AM			Timed Warmup 8:20 AM		
LEVEL 1 & XB USA			# Gymnasts 70			Introduction 8:15 AM			Awards 10:15 AM		
Flight A (39 gymnasts)				Flight B (31 gymnasts)							
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
CTG	XB	9	360 Gymnastics	XB	4						
Gladiator Sports	1	8	BRAT Center	XB	6						
Paulding	XB	22	Gym Tech Elite	XB	16						
			TLC	XB	5						

Saturday, February 3, 2024			Session: 02			Stretch 10:30 AM			Timed Warmup 10:55 AM		
Level 3 & XS USA			# Gymnasts 73			Introduction 10:50 AM			Awards 12:45 PM		
Flight A (39 gymnasts)				Flight B (34 gymnasts)							
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
CTG	XS	10	360 Gymnastics	XS	14						
Gladiator Sports	XS	10	BRAT Center	XS	3						
KPR	3	10	Gym Tech Elite	XS	13						
Paulding	XS	9	TLC	XS	4						

Saturday, February 3, 2024			Session: 03			Stretch 1:00 PM			Timed Warmup 1:25 PM		
Level 6/7/8/9/XP USA			# Gymnasts 48			Introduction 1:20 PM			Awards 4:00 PM		
Flight A (26 gymnasts)				Flight B (22 gymnasts)							
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Gym Tech Elite	6	1	360 Gymnastics	XP	6						
Gym Tech Elite	7	1	GGA Suwanee	6	3						
NMGC	7	2	GGA Suwanee	7	4						
NMGC	8	8	KPR	6	2						
Paulding	6	6	KPR	8	2						
Paulding	8	6	Paulding	7	5						
Paulding	9	2									

Saturday, February 3, 2024			Session: 04			Stretch 4:15 PM			Timed Warmup 4:40 PM		
Level 4 & XG USA			# Gymnasts 51			Introduction 4:35 PM			Awards 7:00 PM		
Flight A (32 gymnasts)				Flight B (19 gymnasts)							
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
360 Gymnastics	XG	9	Gladiator Sports	XG	6						
GGA Suwanee	XG	8	Gym Tech Elite	XG	10						
Paulding	XG	15	KPR	4	3						

Saturday, February 3, 2024			Session: 05			Stretch 7:15 PM			Timed Warmup 7:35 PM		
NGA - All Levels			# Gymnasts 15			Introduction 7:30 PM			Awards 8:45 PM		
Gym	Level	# Gymnasts									
Peach State	2N	3									
Stingrays	3N	7									
Stingrays	4N	3									
Stingrays	5N	1									
Stingrays	6N	1									

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Feb 2-4, 2024

Sunday, February 4, 2024			Session: 06			Stretch 9:00 AM			Timed Warmup 9:25 AM		
AAU XG & XP			# Gymnasts 27			Introduction 9:20 AM			Awards 11:15 PM		
Flight A (21 gymnasts)						Flight B (6 gymnasts)					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
CHAMPION KIDS	AG	4	Roswell	AG	5	Roswell	AP	1			
Paulding	AG	5									
SIGNAL	AG	8									
SIGNAL	AP	4									

Sunday, February 4, 2024			Session: AAU			Stretch 11:30 AM			Timed Warmup 11:50 AM		
AAU XB & XS			# Gymnasts 44			Introduction 11:45 AM			Awards 1:45 PM		
Flight A (28 gymnasts)						Flight B (16 gymnasts)					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
GGA Suwanee	A1	5	Paulding	AS	3	Roswell	AS	4	SIGNAL	AS	9
Paulding	AB	7									
SIGNAL	A1	1									
SIGNAL	AB	15									