

# Drop It Like It's Hot - Rochester, MN

## LR Productions @ Mayo Civic Center

February 3, 2024 - February 4, 2024

### Session 1: Level 3 and Bronze

#### **Saturday, Feb 3, 2024**

59 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 8:00 AM

March In: 8:20 AM

Awards: 10:30 AM

### Session 2: Gold

82 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 10:50 AM

March In: 11:10 AM

Awards: 2:00 PM

### Session 3: Level 4, 5, 6, 7

58 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 2:20 PM

March In: 2:40 PM

Awards: 5:30 PM

### Session 4: Levels 8, 9, Platinum, Diamond

54 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 5:50 PM

March In: 6:10 PM

Awards: 8:55 PM

### Session 5: Silver

#### **Sunday, Feb 4, 2024**

46 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 8:00 AM

March In: 8:20 AM

Awards: 9:55 AM

### Session 6: NGA 1N, 2N

60 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 10:15 AM

March In: 10:35 AM

Awards: 12:20 PM

## **Session 7: NGA 3N, 4N**

*77 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 12:40 PM*

*March In: 1:00 PM*

*Awards: 3:40 PM*

## **Session 8: NGA GN, 5N - 10N**

*45 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 4:00 PM*

*March In: 4:20 PM*

*Awards: 7:00 PM*