

Drop It Like It's Hot with Katelyn Ohashi

LR Productions @ Lansing Center

February 23, 2024 - February 25, 2024

Session 1: NGA 1N 2N SN 3N GN

Friday, Feb 23, 2024

Clubs: Elite Gymnastics Club, Joys Gymnastics, Platinum Gymnastics, Rose Gold Gymnastics, Wright's Gymnastics Academy
85 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 8:00 AM

March In: 8:20 AM

Awards: 10:45 AM

Session 2: NGA 4N 5N 6N 7N PN DN 9N

Clubs: Elite Gymnastics Club, Joys Gymnastics, Platinum Gymnastics, Wright's Gymnastics Academy
80 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 11:05 AM

March In: 11:25 AM

Awards: 2:55 PM

Session 3: Gold Group 1

Clubs: All That Athletics, All-Around Gymnastics Center Inc, Blenheim Kent Golden Eagles, Chalk Headz Training Center, Farmington Gymnastics Center, GymTactics, Hartland Gymnastics Academy, Mills Gymnastics USA, Miss Stacie's Flipkins, Skye High Gymnastics Center, Toronto Gymnastics International

74 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 3:15 PM

March In: 3:35 PM

Awards: 5:55 PM

Session 4: Platinum

Clubs: All That Athletics, All-Around Gymnastics Center Inc, Blenheim Kent Golden Eagles, Bloomfield Gymnastics, Chalk Headz Training Center, Champion Gymnastics USA, Farmington Gymnastics Center, Grand Rapids Gymnastics, Gymnastic Dreams, Hartland Gymnastics Academy, Lake Side Elite, Inc., Mills Gymnastics USA, PAX Gymnastics, SSMGC, Skye High Gymnastics Center, Stars and Stripes Gymnastics, Toronto Gymnastics International

65 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 6:15 PM

March In: 6:35 PM

Awards: 9:30 PM

Session 5: Silver Group 1

Saturday, Feb 24, 2024

Clubs: All That Athletics, All-Around Gymnastics Center Inc, Bloomfield Gymnastics, Chalk Headz Training Center, Farmington Gymnastics Center, Miss Stacie's Flipkins, Mt Pleasant Gymnastics Academy, Northpointe Gymnastics LLC, SSMGC, Skye High Gymnastics Center

90 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 8:30 AM

March In: 8:50 AM

Awards: 11:25 AM

Session 6: Silver Group 2

Clubs: All-Around Gymnastics Center Inc, Blenheim Kent Golden Eagles, Champion Gymnastics USA, GymTactics, Gymnastic Dreams, Lake Side Elite, Inc., Mills Gymnastics USA, PAX Gymnastics, Stars and Stripes Gymnastics

96 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 11:45 AM

March In: 12:05 PM

Awards: 3:05 PM

Session 7: Level 6 and 7

Clubs: Blenheim Kent Golden Eagles, Farmington Gymnastics Center, Grand Rapids Gymnastics, GymTactics, Gymnastic Dreams, Maple City Gymnastics, Northpointe Gymnastics LLC, R Athletics, Stars and Stripes Gymnastics, Troy Gymnastics

62 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 3:25 PM

March In: 3:45 PM

Awards: 6:15 PM

Session 8: Diamond, Sapphire, 8, 9, 10

Clubs: Blenheim Kent Golden Eagles, Farmington Gymnastics Center, Grand Rapids Gymnastics, GymTactics, Gymnastic Dreams, Lake Side Elite, Inc., R Athletics, RGC Gymnastics, Skye High Gymnastics Center, Toronto Gymnastics International, Troy Gymnastics

52 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 6:35 PM

March In: 6:55 PM

Awards: 9:30 PM

Session 9: Gold Group 2

Sunday, Feb 25, 2024

Clubs: Bloomfield Gymnastics, Champion Gymnastics USA, Grand Rapids Gymnastics, Gymnastic Dreams, Lake Side Elite, Inc., Northpointe Gymnastics LLC, PAX Gymnastics, SSMGC, Stars and Stripes Gymnastics

74 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 8:00 AM

March In: 8:20 AM

Awards: 10:40 AM

Session 10 Level 1 and Bronze

Clubs: All That Athletics, Blenheim Kent Golden Eagles, Farmington Gymnastics Center, GymTactics, Gymnastic Dreams, Lake Side Elite, Inc., Mid Michigan Gymnastics, Miss Stacie's Flipkins, Mt Pleasant Gymnastics Academy, PAX Gymnastics, Skye High Gymnastics Center

99 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 11:00 AM

March In: 11:20 AM

Awards: 1:55 PM

Session 11: Level 3

Clubs: Capital City Flips, Champion Gymnastics USA, Farmington Gymnastics Center, Grand Rapids Gymnastics, GymTactics, Hartland Gymnastics Academy, Troy Gymnastics

97 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 2:15 PM

March In: 2:35 PM

Awards: 5:30 PM

Session 12: Level 4 and 5

Clubs: Capital City Flips, Farmington Gymnastics Center, Grand Rapids Gymnastics, GymTactics, Hartland Gymnastics Academy, R Athletics, Stars and Stripes Gymnastics, Troy Gymnastics

91 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 5:50 PM

March In: 6:10 PM

Awards: 9:30 PM