

2009 North Carolina
Optional State Championships



Salem Gymnastics Sports Center

2009 North Carolina 7, 8, 9 & 10 State Championships

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Salem Gymnastics Sports Center

Saturday, March 28, 2009

SESSION 3 - CAPITOL CUP FORMAT

Stretch: 8:00 AM
Timed Warm Up: 8:20 AM
March In: 8:35 AM
Comp: 8:45 AM
Awards: 12:20 PM

Level: 7
DOB: 8/28/1997—1/1/2009

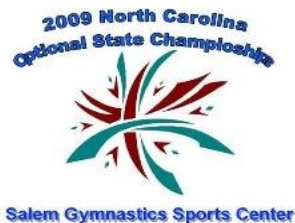
Flight A

VT 7043 Olivia Wease	First in Flight G	UB 7063 Laura Millard	International Gy	BB 7029 Emerson Porter	Southeastern G	FX 7040 Amy Lee	Port City Gymn:
7019 Emory Kump	Everest Gymna	7037 Caitlyn Michalski	High Point Gym	7049 Sarah Casali	Southeastern G	7013 Karson Hollingswor	Port City Gymn:
UB 7067 Olivia Chao	CountrySide Gy	BB 7014 Jeimi Baird	New River Gyr	FX 7045 Elsa Landis	New Vision Gyr	VT 7011 Olivia Hunter	Port City Gymn:
7051 Nicole Palmer	Everest Gymna	7026 Katie Cunneane	International Gy	7023 Hope Byrum	Southeastern G	7044 Alyssa Schwinn	Port City Gymn:
BB 7030 Melody Iacino	First in Flight G	FX 7007 Mary Keever Snipe	High Point Gym	VT 7032 Mia Fowler	Shooting Stars	UB 7059 Elaine Hinkel	Raleigh School
7022 Emily Schild	Everest Gymna	7017 Murphy Smith	High Point Gym	7034 Anna Glenn	Southeastern G	7025 Catherine Harley	Port City Gymn:
FX 7009 G. "Vicky" Garcia	CountrySide Gy	VT 7027 Sydney Powell	High Point Gym	UB 7055 Brooke Finlay	Top Notch Gyr	BB 7033 Emily Capito	Advantage Gyr
7004 Sydney Laird	First in Flight G	7031 Emily White	High Point Gym	7035 Grace Glenn	Southeastern G	7058 Kirsten Rose	Port City Gymn:
		7042 Mattie Brown	Foothills Gymn:	7061 Kaitryana Leinbach	Southeastern G	7062 Ashley Rhodes	Central Carolin:

Flight B

VT 7066 Hailey Price	WAKE Gymnas	UB 7024 Sierra Teta	Superior Gymn:	BB 7010 Sydney Edwards	Rose's Gymnas	FX 7069 Alexa Martin	Sonshine Gymr
7068 ELIZABETH ELKIN	KPAC	7002 Megan Woody	The Gym Comp	7041 Roniqua Foreman	Rose's Gymnas	7065 Zophia Jackowski	Sonshine Gymr
UB 7047 CLARA DIEKMAN	KPAC	BB 7039 Caitlin Brookins	Superior Gymn:	FX 7018 Chloe Catoe	Team Olympia	VT 7057 Lauren Fiorini	Sonshine Gymr
7003 KARA FEIMSTER	KPAC	7001 McKenzie McNeil	The Gym Comp	7038 Annika Becker	Rose's Gymnas	7052 Riley Springett	Omega Gymna:
BB 7016 Rebecca Shell	Tumblebees Uli	FX 7008 Mary Graceyn Gorr	Kidsport Gymn:	VT 7036 Madison Hatley	Stanly County C	UB 7064 Rebecca Coutinho	Y Angels
7046 Zoe Early	WAKE Gymnas	7005 Talise Diaz	Kidsport Gymn:	7048 Aldridge Faith	Stanly County C	7056 Elisabeth Butler	Weyandt's Gyr
FX 7050 Rileigh Wauters	Cabarrus Coun	VT 7006 Brianna Correa	The Gym Comp	UB 7012 Madalynn Raynor	Stanly County C	BB 7054 Elizabeth Blake	Sonshine Gymr
7028 Drew Grantham	WAKE Gymnas	7015 Maria Esposto	Superior Gymn:	7021 Jennifer Johnson	Yadkin Valley C	7060 LeeAnna Oxendine	Flip Force Gym
				7053 Mary Claire Brewer	Rose's Gymnas	7020 Anna Moody	Weyandt's Gyr

Final rotations will be announced
at the coaches meeting



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Saturday, March 28, 2009

SESSION 4 - CAPITOL CUP FORMAT

Stretch: 12:40 PM
Timed Warm Up: 1:00 PM
March In: 1:15 PM
Comp: 1:25 PM
Awards: 5:00 PM

Level: 7
DOB: 1/29/1996—8/27/1997

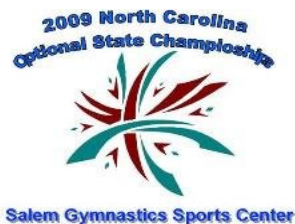
Flight A

VT 7120 Shamonica Sharple Port City Gymn.	UB 7090 Laney Summerlin Stanly County C	BB 7103 Kalee Nichols Step Ahead Gy	FX 7102 Charly Smith North Raleigh C
7083 BRIQUELLE MART KPAC	7124 Sarah Swantko Tumblebees Uli	7079 Abigail Shepard Top Notch Gyr	7092 Molly Lowder North Raleigh C
UB 7085 Brooke Brockman Shooting Stars	BB 7132 Madison Scronce Salem Gymnas	FX 7101 Krista Haschke Artistic Gymnas	VT 7127 Hannah Glisson Bull City Gymna
7138 Meghan Riddle KPAC	7075 Sarah Petersen Salem Gymnas	7099 Neva Isabelle Step Ahead Gy	7087 Catherine Snyder Foothills Gymna
BB 7095 Erin Lee Cabarrus Coun	FX 7088 Aubrey Losack Superior Gymn	VT 7106 Devin Wood Tumblegym	UB 7070 Caitlin Lorch Y Angels
7080 BETHANY HOLDE KPAC	7130 Jayde Jacobs CountrySide Gy	7104 Ania Syska Top Notch Gyr	7137 Samantha Casey North Raleigh C
FX 7081 Madison Liljeberg Shooting Stars	VT 7107 Brianna DeDeaux CountrySide Gy	UB 7121 Emily Bey Top Notch Gyr	BB 7126 Mackenzie Lorch Y Angels
7123 Chandler Morris Port City Gymn.	7098 Theresa Dickerson CountrySide Gy	7084 Shannon O'Connor WAKE Gymnas	7105 Camille Brockschm North Raleigh C
		7114 Lexi Mathews Top Notch Gyr	7139 Mandi Biondi Everest Gymna

Flight B

VT 7074 Caressa Wilson International Gy	UB 7128 Madison Brent Southeastern C	BB 7133 Abby Blakely Raleigh School	FX 7113 Summer Broertjes High Point Gym
7096 Bridgette Nicolosi International Gy	7089 Taylor Helms Southeastern C	7111 Kaitlyn Little Impact Athletics	7078 Alexandria Raynor Langley Gymna
UB 7134 Alyssa Taylor International Gy	BB 7110 Maddie Stilwell Sonshine Gyrr	FX 7094 Lauren Lushene Impact Athletics	VT 7112 Marissa Elardo Cedar Point Gy
7077 Sally Dowd International Gy	7122 Anna Bowers Southeastern C	7109 Natalia Roods Carolina Gymn	7115 Kelsey Henry Cedar Point Gy
BB 7108 Morgan Vaca International Gy	FX 7086 Lilly Stanley Sonshine Gyrr	VT 7118 Hillary Green Omega Gymna	UB 7100 Julia Alexander High Point Gym
7082 Paige Wheatley International Gy	7129 Michaela Berens Southeastern C	7072 Josie Bledsoe Impact Athletics	7116 Aubrey McLeod Knightdale Gyr
FX 7071 Hayley Hammond International Gy	VT 7119 RaeAnn Pfeiffer Southeastern C	UB 7091 Nikki Josey Advantage Gyn	BB 7073 Christel Molnar High Point Gym
7076 Diana Dowd International Gy	7135 Panayiota Boutis Flip Force Gym	7136 Heaven Dorsey Omega Gymna	7093 Kaylin Mancari High Point Gym
7117 Neeley Walsh International Gy	7097 Nicole Wild Southeastern C	7125 Madison Zampa Impact Athletics	7131 Danielle Brown New Vision Gyr

Final rotations will be announced
at the coaches meeting



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Saturday, March 28, 2009

SESSION 5 - CAPITOL CUP FORMAT

Stretch: 5:20 PM*
Timed Warm Up: 5:40 PM
March In: 5:55 PM
Comp: 6:05 PM
Awards: 9:40 PM

Level: 7
DOB: 5/2/1991—1/28/1996

*Session may start 20 min early

Flight A

VT 7185 Francine Aldridge	Stanly County C	UB 7186 Korie Bennett	Step Ahead Gy	BB 7184 Kristen Lee	Gymcarolina G	FX 7148 Abigail Rackley	Gymnastics Uni
7163 Chloe Jones	International Gy	7165 Taylor Jernigan	Artistic Gymnas	7191 Hannah Taylor	Tumblegym	7162 Molly Sprick	Foothills Gymn
UB 7177 Hailey Moore	International Gy	BB 7204 Sarah Gilleland	Raleigh School	FX 7192 Kelsey Robertson	Tumblegym	VT 7182 Tessa Blanton	CountrySide Gy
7146 Paige Trexler	Superior Gymn	7203 Ashley Coleman	Lake Norman G	7157 Olivia Abernethy	Shooting Stars	7149 Nicole Hinterberger	Flip Force Gym
BB 7141 Grace Corl	Superior Gymn	FX 7183 Taylor Williams	Artistic Gymnas	VT 7154 Ingrid Lee	Weyandt's Gyr	UB 7147 Emily Moore	Foothills Gymn
7200 Anna Fergione	Charlotte Gymn	7169 Caroline Faircloth	Step Ahead Gy	7199 Jordan Abernethy	Shooting Stars	7207 Jennifer Myers	CountrySide Gy
FX 7142 Jessie Smith	Superior Gymn	VT 7190 Marianna Coppola	Omega Gymna	UB 7158 Cassidi Ingle	Gymcarolina G	BB 7197 Heather Anderson	Foothills Gymn
7205 Brooke Russell	Stanly County C	7156 Lacey Castora	Artistic Gymnas	7181 Elizabeth Henry	Port City Gymn	7193 Sophie Hunt	Foothills Gymn
		7176 Hunter Rae Housto	Artistic Gymnas	7178 McKenzie Hitchcoc	Tumblegym	7206 Jenna Rodefelf	Foothills Gymn

Flight B

VT 7179 Allyson Hagemann	Knightdale Gyr	UB 7187 Alexa Knox	First in Flight G	BB 7201 Erin Williams	North Raleigh C	FX 7198 Jordyn Volkan	Impact Athletics
7175 Julia de Molina	Southeastern G	7155 Brittany Hahn	Hahn's Gymnas	7180 Ping Yates	Cabarrus Coun	7144 Allyson Poppino	Y Angels
UB 7160 Lindsay Brame	High Point Gym	BB 7167 Amber Townsend	Blue Ridge Gyn	FX 7170 Katherine Goode	Cabarrus Coun	VT 7153 Kayla Watson	Impact Athletics
7208 Sara Grimsrud	Apex Gymnasti	7000 Molly McClure	Clemmer Gymr	7161 Sarah Banko	North Raleigh C	7202 Jennifer Longo	Impact Athletics
BB 7166 Alexa Wilson	Kidsport Gymn	FX 7173 DeAndra Watkins	Salem Gymnas	VT 7195 Kyndle Taylor	Cabarrus Coun	UB 7145 Abby Mutch	Y Angels
7151 Victoria Radchenkc	Southeastern G	7171 Hannah Hernandez	First in Flight G	7164 Sierra Previtali	North Raleigh C	7189 Emilie Mathura	Impact Athletics
FX 7168 Kala Williams	Top Notch Gyr	VT 7172 Michala Stanley	Salem Gymnas	UB 7152 Nicole Mussler	North Raleigh C	BB 7188 Caroline Trezona	Impact Athletics
7159 Siri Pettersen	Top Notch Gyr	7174 Brooks Churn	First in Flight G	7150 AnnaLeigh Allman	North Raleigh C	7194 Rebecca Dawson	Impact Athletics
7143 Sarah Bridges	Southeastern G	7209 Kaili Jones	Harrison Family	7140 Hannah Joenk	North Raleigh C	7196 Morgan McGlamer	Yadkin Valley G

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