

2009 North Carolina
Optional State Championships



Salem Gymnastics Sports Center

2009 North Carolina 7, 8, 9 & 10 State Championships

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Salem Gymnastics Sports Center

Sunday, March 29, 2009

SESSION 6 - CAPITOL CUP FORMAT

Stretch: 8:00 AM
Timed Warm Up: 8:20 AM
March In: 8:35 AM
Comp: 8:45 AM
Awards: 1:00 PM

Level: 9
DOB: ALL

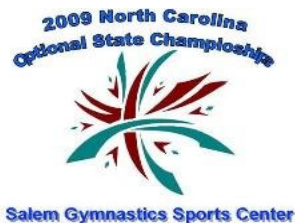
Flight A

VT 9035 Ryann Anderson Southeastern G	UB 9054 Christina Haire Tumblebees Ull	BB 9040 Emiley Reed Everest Gymna	FX 9055 Chelsea Whitney Rose's Gymnas
9010 Cailee Hills Southeastern G	9053 Marlee Cadwell Superior Gymn:	9038 Tiffany Foy Everest Gymna	9056 Hannah Ballard Artistic Gymnas
UB 9049 Rebecca Musante Southeastern G	BB 9015 Lindsey Kunz Superior Gymn:	FX 9007 Samantha Cerio Everest Gymna	VT 9021 Jennifer Cox Top Notch Gym
9018 Natalie Hawkins Southeastern G	9016 Brittany Weiss Tumblebees Ull	9039 Kathryn Hemphill First in Flight G	9058 M. Allyssa EDNEY Foothills Gymna
BB 9000 Ashlyn Kirby Shooting Stars	FX 9013 Samantha Smith Superior Gymn:	VT 9042 Brooke Mussler North Raleigh C	UB 9034 Hannah Buckingha Rose's Gymnas
9032 Erin Ferguson Southeastern G	9046 Tamsyn Dicks Tumblebees Ull	9014 Brandi Tillison Everest Gymna	9017 Marianna Gray Rose's Gymnas
FX 9011 Gabriella Yarussi Southeastern G	VT 9023 Alyssa Tucker Superior Gymn:	UB 9028 Jordan Collins First in Flight G	BB 9003 Mackenzie Austin High Point Gym
9005 Caroline Nice Southeastern G	9045 Carlie Cleary Superior Gymn:		

Flight B

VT 9012 Brandes Dey International Gy	UB 9047 Leane Blais Cabarrus Coun	BB 9022 Hannah Holbrook International Gy	FX 9004 Sydney Snead Sonshine Gymr
9044 Crystal Phakonkhai Salem Gymnas	9024 Kathryn Creswell Cabarrus Coun	9041 Erika Daniel Impact Athletics	9027 Lauren Chavis Sandhills Acad
UB 9002 Anna Cockrell International Gy	BB 9019 Hannah Sobhan Raleigh School	FX 9030 Christina Cusimanc International Gy	VT 9037 Christine Shrager Sonshine Gymr
9048 Nicole Schwarz Salem Gymnas	9036 Emily Johnston Cabarrus Coun	9031 Julianna Nieuwsma International Gy	9006 Emma Engler Sonshine Gymr
BB 9009 Ciera Cockrell International Gy	FX 9057 Marli Johnston Cabarrus Coun	VT 9043 Lacey Moore International Gy	UB 9050 Kari Creech Morgan's Gymr
9029 Sawyer Thomas Salem Gymnas	9020 Lauren Szuchan Raleigh School	9051 Caitlin Metz International Gy	9052 Sarah Conger Morgan's Gymr
FX 9001 Melissa Brooker International Gy	VT 9025 Sarah Goodnight Cabarrus Coun	UB 9026 Rebecca Brennan International Gy	BB 9008 Machaela McNeil The Gym Comp
	9033 Sarah Steinert Cabarrus Coun		

Final rotations will be announced
at the coaches meeting



2009 North Carolina 7, 8, 9 & 10 State Championships



Sunday, March 29, 2009

SESSION 7 - CAPITOL CUP FORMAT

Stretch:1:30 PM
Timed Warm Up:1:50 PM
March In:2:00 PM
Comp:2:10 PM
Awards:5:20 PM

Level:10
DOB:ALL

Flight A

VT 1007 Elena Wandzilak International Gy	UB 1005 JORDAN SIGMON KPAC	BB 1042 Kasey Haas International Gy	FX 1026 Tori Foltz International Gy
UB 1016 Kayla Jones International Gy	BB 1000 Ashton Locklear KPAC	FX 1031 Lindsey Taylor International Gy	VT 1006 Jessica Gracia Sonshine Gymr
BB 1012 Sarah Love International Gy	1020 JENNA SAXTON KPAC	VT 1032 Robin Reeves International Gy	UB 1022 Abby Marcey International Gy
FX 1013 Devyn Ressler International Gy	FX 1021 KYNDLE MOORE KPAC	UB 1030 Maggie Bumpus International Gy	BB 1023 Alyssa Barerra International Gy
1014 Madison Moore International Gy	VT 1003 Courtney Bisbe KPAC	1028 Erin Sayson International Gy	1027 Ali Forcucci International Gy
	1002 Haley Steelman Flip Force Gym		

Flight B

VT 1043 Casey Jenkins New Vision Gyr	UB 1037 Hannah Fallanca Salem Gymnas	BB 1024 Marina Galante Superior Gymn:	FX 1017 Kelsey Titgen Southeastern G
UB 1025 Connor Smith High Point Gym	BB 1035 Ellen Marion Port City Gymn:	FX 1041 Morgan Johnson Kidsport Gymn:	VT 1011 Lisa Soto Southeastern G
1036 Kristin Aloï High Point Gym	FX 1009 Whitney Kirby Shooting Stars	1040 Jaleesa Wilson Superior Gymn:	1018 Janell Sargent Rose's Gymnas
BB 1004 Katie Bailey High Point Gym	VT 1008 Katlin Isaacs Salem Gymnas	VT 1034 Dallas Langston Superior Gymn:	UB 1015 Haley Watts Southeastern G
FX 1010 Bittany Manzella First in Flight G	1029 Abbie Rhodes Salem Gymnas	UB 1038 Alyssa Adrian Superior Gymn:	BB 1019 Kailyn Hawkins Southeastern G
1033 Cathy Cortell Artistic Gymnas		1039 Molly Walsh Raleigh School	1001 Mary Scott Alexand Southeastern G

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at the coaches meeting