

<b>SATURDAY</b>	<b>NC- Congress - June 14, 2025 at SGA</b>	
9:00-9:30	Check-in/coffee/chat	
9:30 -9:45	Welcome - Karen Pleasants	
9:50-10:35	Rec Ideas for Beam - Ivy Wells	Basic Bar Skills for Classes - Lee Turney
10:40 - 11:25	How to be a Super Teacher - Jeff Devito	
11:30 - 12:15	Flips, Fun, Focus: Keeping Kids Engaged - Krissy Munsell	Understanding Vault & Troubleshooting - Jessica Hellman
12:15 - 1:15	LUNCH AND CHALK TALKS ( 4 TOPICS - 15 MINUTES EACH)	
1:15 - 3:15	Hands On Training - Todd Shahan & Staff	
3:20 - 3:55	How to Maximize Circuits - Jeff Devito	Understanding Shaping for Skill Development- Rob Travers
4:00 - 4:45	Quality of Movement in Women's Gymnastics- Jennie Adams & Monica Lucus Davis	
4:50 - 5:35	Class Management - Spencer Brown	Floor Basics - Rob Travers
5:40 - 6:25	Adding New Programs for Revenue - Beau Davis	