

Miles Avery Challenge 2026

LR Productions @ Kimmel Arena, UNC Asheville

March 21, 2026

Session 1. Level 3N

Saturday, Mar 21, 2026

71 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 8:00 AM

March In: 8:20 AM

Awards: 10:45 AM

Session 2. Levels 1N, 2BN, SN, 4N

71 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 11:05 AM

March In: 11:25 AM

Awards: 1:50 PM

Session 3. Levels GN, 5N, 7N

69 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 2:10 PM

March In: 2:30 PM

Awards: 5:05 PM

Session 4. Levels 6N, PN, 8N, DN, 9N, 10N

59 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 5:25 PM

March In: 5:45 PM

Awards: 8:20 PM